

Kari Miller

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New York, New York

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Skills

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- Red Cross Lifeguarding with CPR/AED for Professional Rescuers and First Aid
 - CPR/AED for Professional Rescuers with First Aid
 - Lifeguarding Instructor
 - First Aid/CPR/AED Instructor
 - Water Safety Instructor
 - California Driver's License • U.S. Passport • California Boating License • Manual Transmission Operation
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Experience

TMPL Fitness, New York, New York – *Spa Lifeguard*

JANUARY 2025- PRESENT

- Lifeguarded spa area (sauna, steam room, cold plunge, hot tubs)
- Keep floors dry and assist patrons with questions about the facilities
- 16 hours a week

Syracuse University's Barnes Center at the Arch Recreation, Syracuse NY – *Lifeguard, Lifeguard Instructor, First Aid/CPR/AED Instructor*

FEBRUARY 2022-DECEMBER 2024

- Lifeguarded open swim, Aqua Body Strong class, SUNY ESF Scuba class, club swim practice, club water polo practice
- Planned and Taught Lifeguarding, First Aid/CPR/AED classes and recertification courses
- Attended monthly in-service trainings
- Upkept facilities with opening/closing tasks, chemical checks, locker room cleanup, laundry, equipment setup
- Provided First Aid and emergency care when needed
- 10-20 hours a week depending on semester

City of San Marino Recreation (Aquatics) – *Lifeguard, Swim Instructor*

MAY 2023-AUGUST 2023

- Lifeguarded open swim
- Taught private and group swim lessons in accordance with the American Red Cross Guidelines (Learn-to Swim Levels 1-5, Mommy-and-Me classes, toddler water familiarity)
- Attended monthly in-service trainings
- Assisted with upkeep of facility
- Provided First Aid and emergency care when needed

- 20-25 hours a week

Gold Arrow Camp– *Waterfront Counselor*

JUNE 2022-AUGUST 2022

- Oversaw a group of about ten campers (ages 11-13) in two week sessions
- Shared a tent and ate meals with campers
- Made sure campers were accounted for at all times and that they conducted themselves in a safe and respectful manner
- Counseled campers in need and helped foster healthy friendships
- Taught and lifeguarded waterfront activities (canoeing, kayaking, paddleboarding, fishing) for campers ages 6-15
- Crove comp boats and skiffs to pull kids (age 6-14) on kneeboarding, waterskiing, wakeboarding and coached
- Supervised kids at mealtimes and at night
- Served meals in rotation
- Island maintenance (ex. gassing boats, filling generators, cleaning bathrooms, trash)
- Worked 13+ hour days 6 days a week

Rebekah Greer Melocik at Syracuse Stage, NY – *How to Dance in Ohio* (World Premiere)– *Script Assistant*

AUGUST 2022-SEPTEMBER 2022

- Tracked evolving script changes in an Excel spreadsheet
- Communicated with Stage Management
- Helped Rebekah with technical issues that arose (ex. converting FinalDraft files to Word Format)
- Managed my own time outside of the rehearsal room and check in regularly
- Worked both remotely and in the room for the duration of the 1 month rehearsal process until opening night when the writers' work halted

San Marino Community Church, San Marino, CA – *Youth Leader*

SEPTEMBER 2017-AUGUST 2021

- Lead middle school youth group
- Organized games
- Picked up food for the class
- Read and interpreted a Bible-story-centered lesson plan each week and executed it in a way which encouraged the kids to add their own opinions and responses to the discussion
- Worked 1-2 days a week for 1-2 hours plus prep time

Education

Syracuse University– *B.F.A. Acting*

Renée Crown University Honors Program

AUGUST 2021- PRESENT

Awards

Employee of the Month *(November 2024)*

Syracuse University's Barnes Center at the Arch Aquatics Department